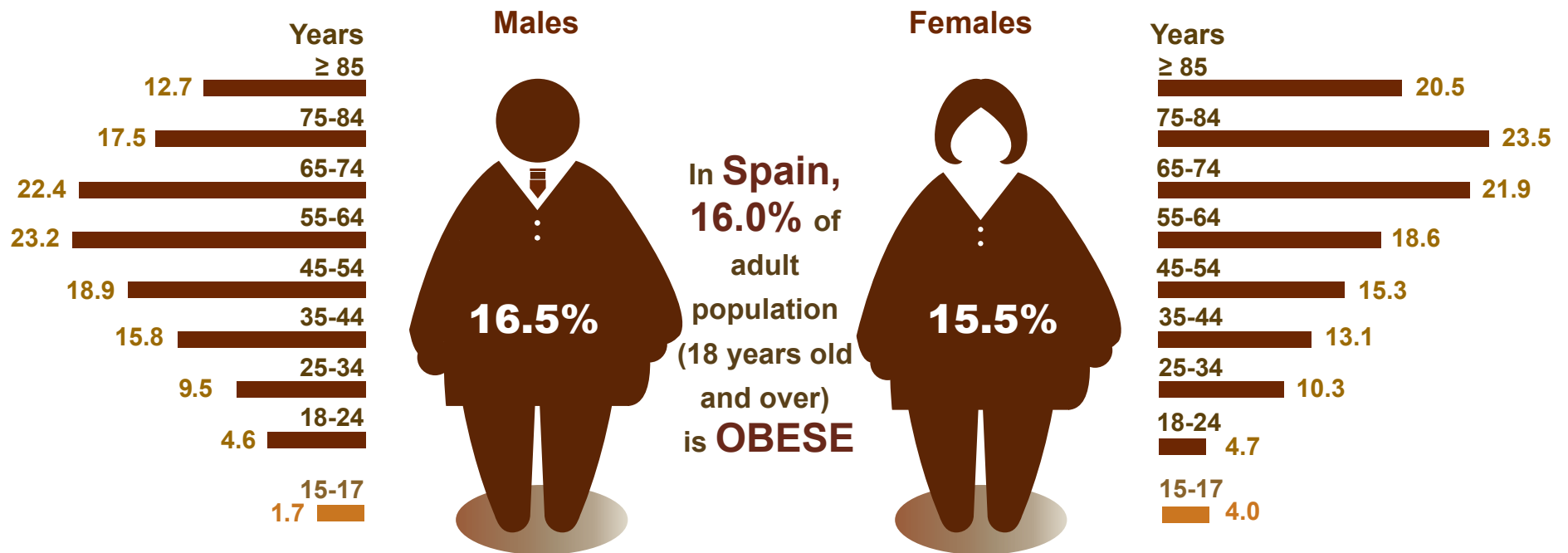


OBESITY. Spain and the EU. 2020

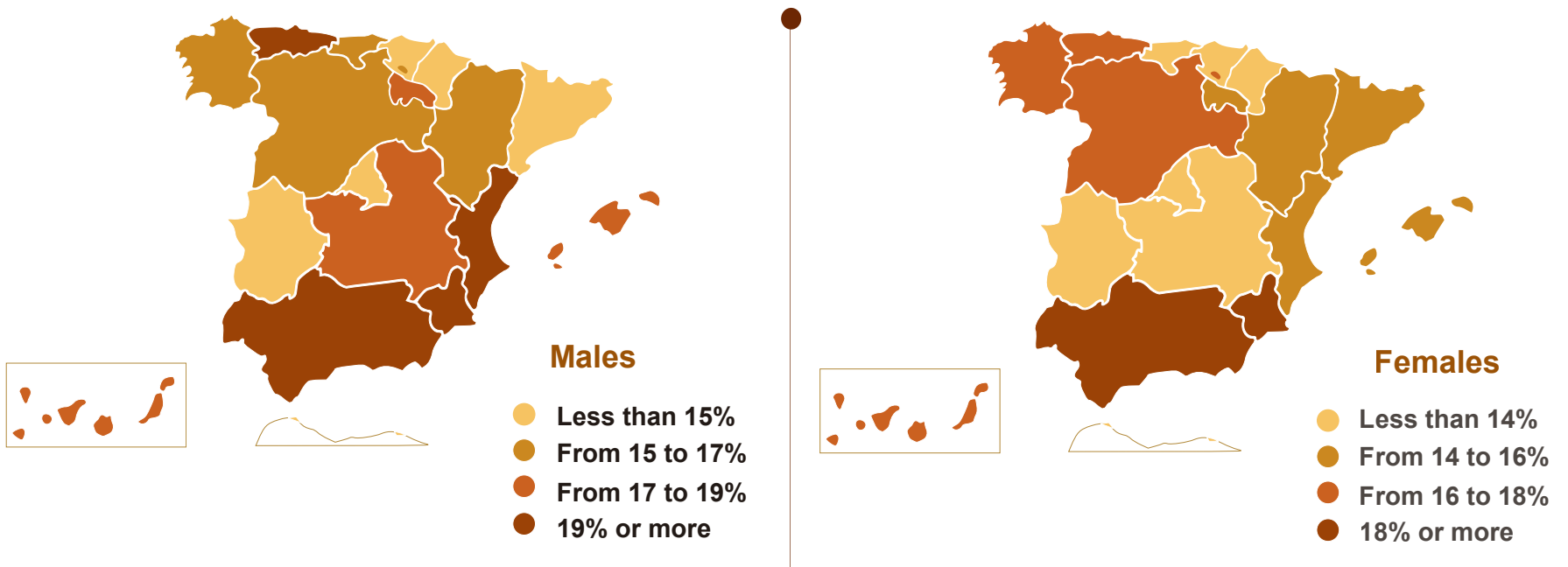
World Obesity Day — 12th of November

► % people with obesity

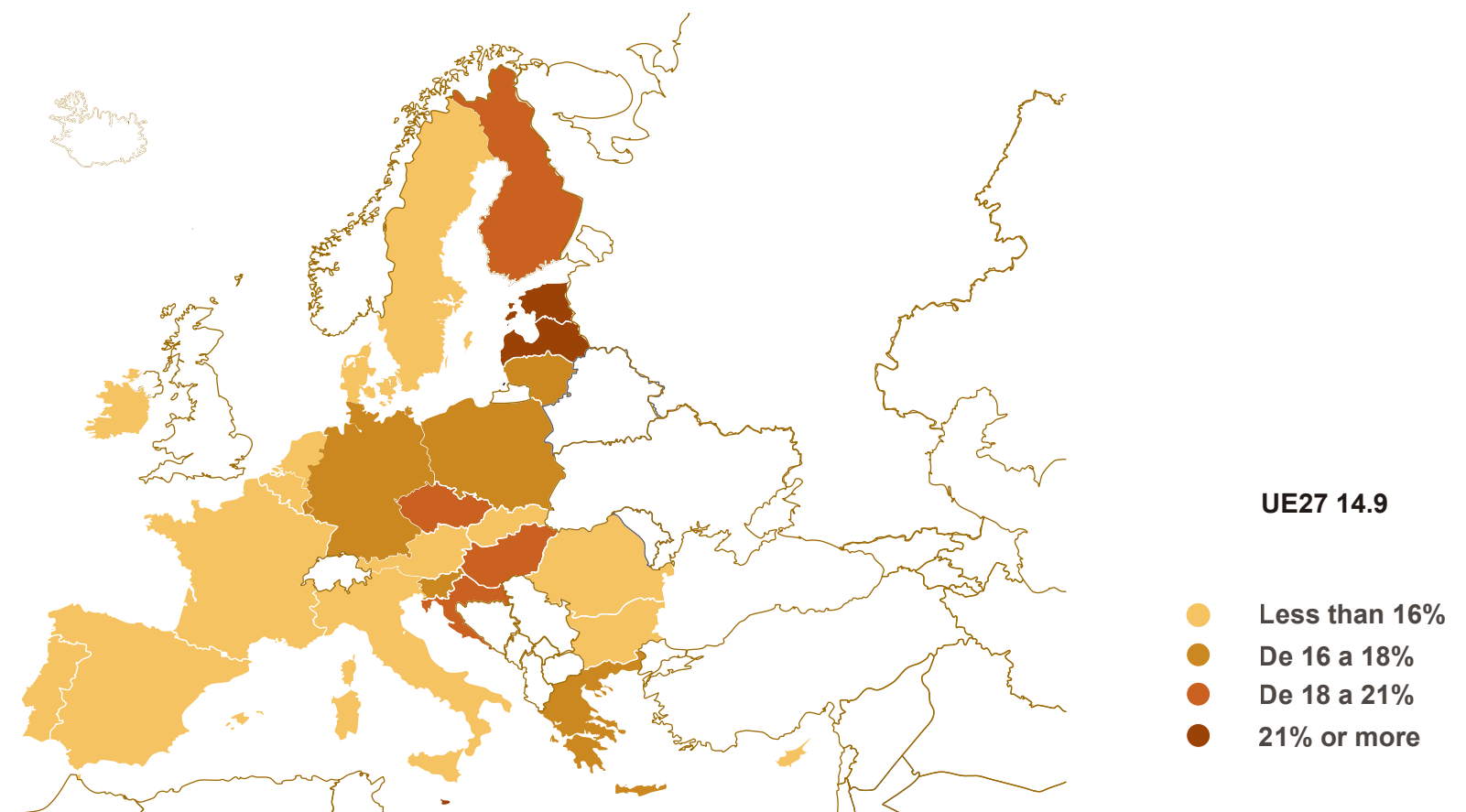


► % obese adult population (18 years old and over)

In Spain



In the EU



Note 1: [Body Mass Index (BMI) = [weight (Kg) / height (m²)]. A person is obese if their BMI ≥ 30. EU data from 2017 (latest available data).

Nota 2: EU data are from 2017 (latest published data), except for Germany, Denmark, Greece, Italy and Sweden, which come from the 2014 European Health Survey. Data from the European Union is an estimate.

Sources: European Health Survey 2020. SILC health module 2017. Eurostat

April 2021