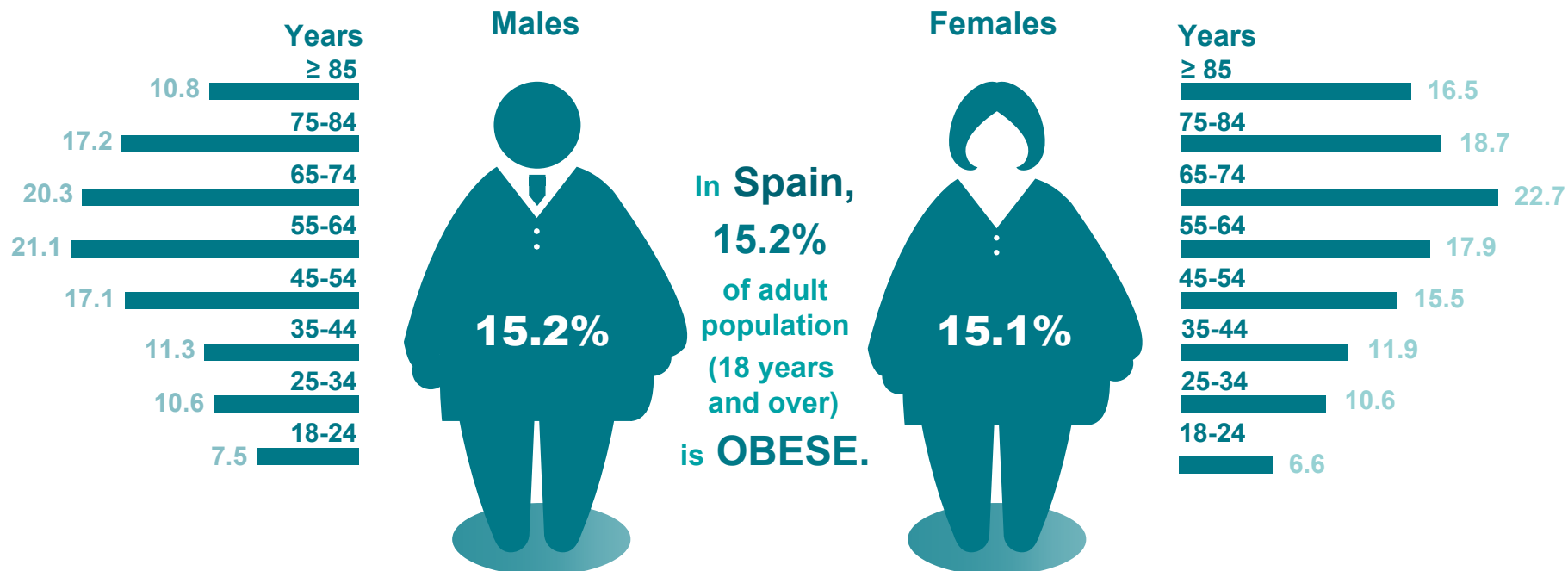


OBESITY 2023

Spain and the EU

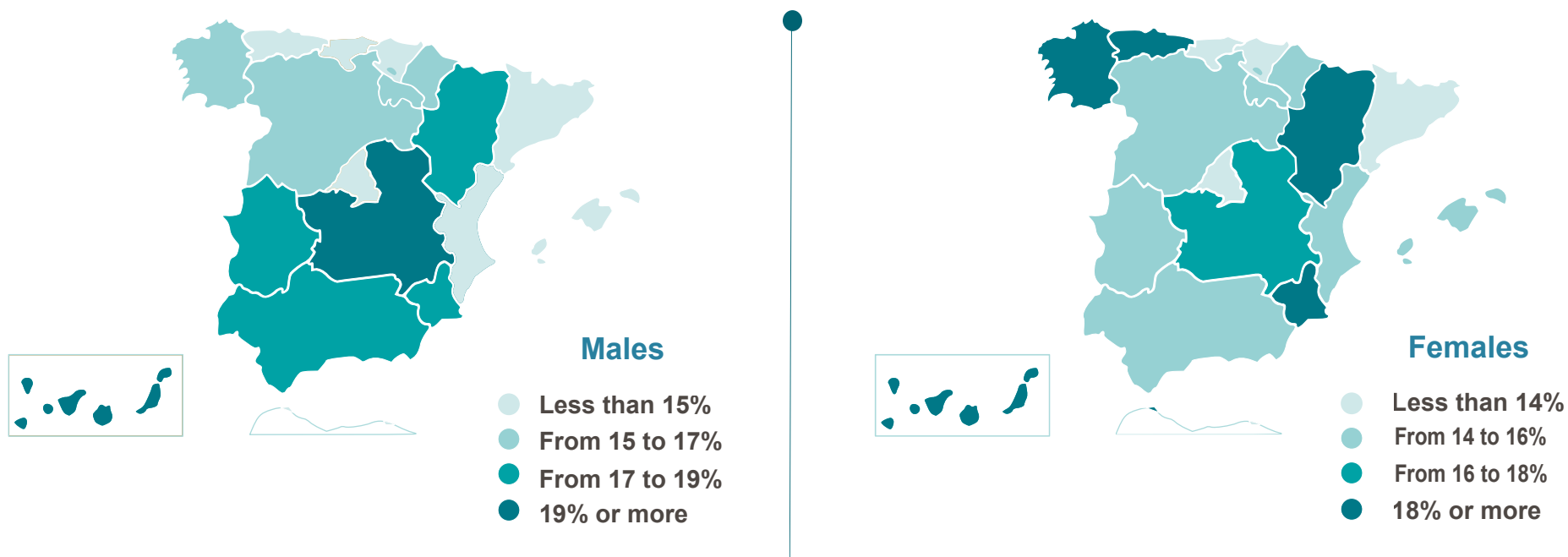
World obesity day - 4th of March

► % people with obesity

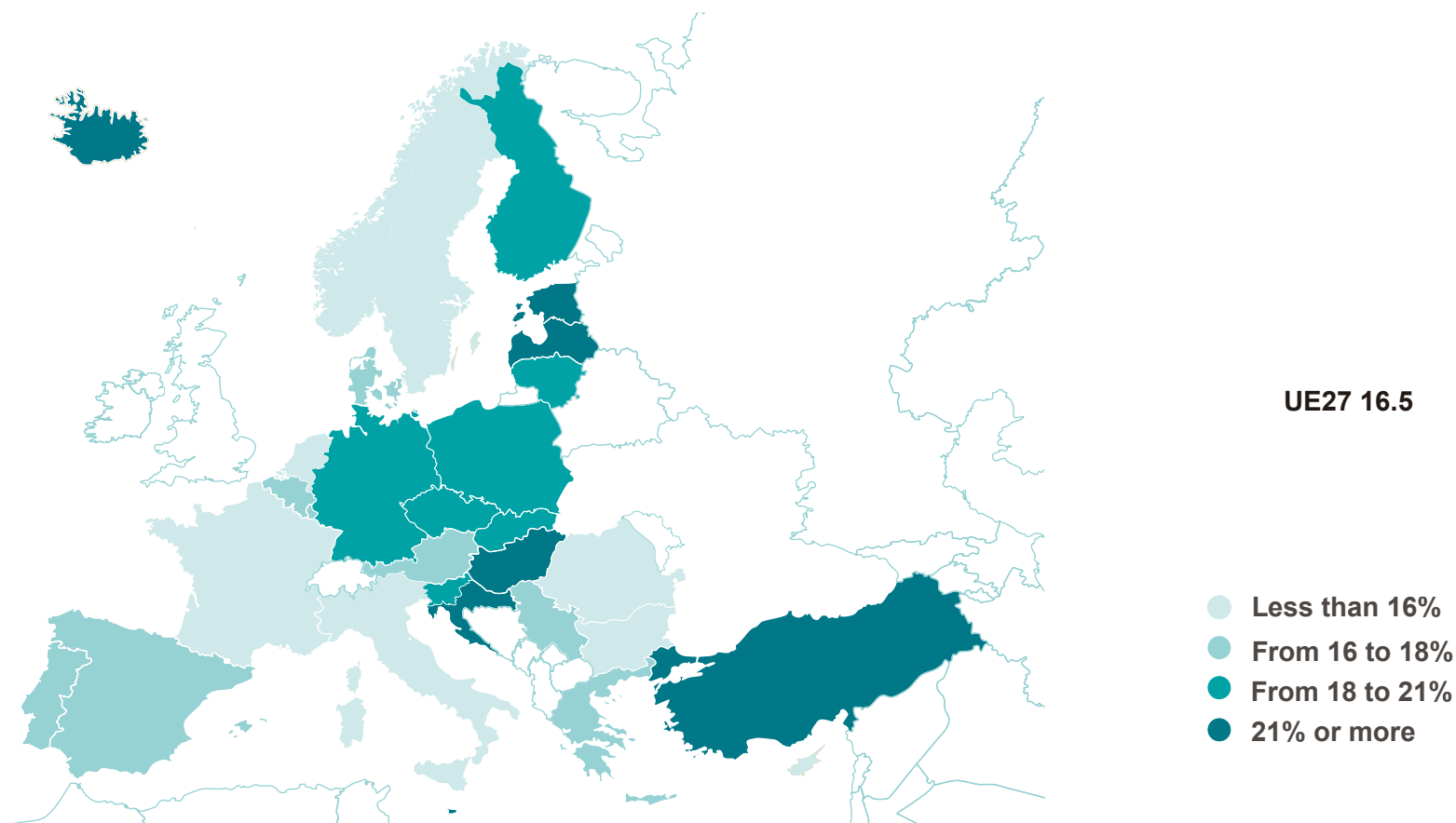


► % obese adult population (18 years old and over)

In Spain



In the EU



Note: [Body Mass Index (BMI) = [weight (Kg) / height (m²)].
A person is obese if their BMI ≥ 30

Source: Spain Health Survey 2023 (SHS). INE - España
European Health Survey in Spain 2020. (EHIS 2020 Eurostat)

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