

Videos



Trips abroad



In this number...

How many people travelled abroad in 2025?

Trips and overnight stays

Origin of travellers and main destinations

Expenditure on trips abroad

Excursions or trips without an overnight stay

28.0% of people residing in Spain travelled abroad for personal reasons in 2025. It is the highest figure since 2015. Three out of ten people did not travel to any destination, either domestic or abroad, mainly due to financial reasons and personal preferences.

Trips abroad accounted for 13.0% of all trips made by residents and 22.8% of all overnight stays. More than half of them (61.2%) were for leisure, recreation, and holidays, and the homes of family or friends accounted for the largest number of these overnight stays (41.7%).

European destinations were predominant, with France leading in both trips and overnight stays. Portugal was second in number of trips and third in overnight stays, while Italy was third in trips and second in overnight stays. Residents in Cataluña, País Vasco and Comunidad de Madrid recorded the highest number of overnight stays abroad per inhabitant.

Sources: INE ([Residents Travel Survey](#)) y Eurostat

28.0% of residents travelled abroad in 2025 for personal reasons

28.0% of residents in Spain (aged 15 or over) travelled abroad at least once for personal reasons in 2025. It is the highest value recorded in the survey since 2015.

The highest percentages, by the travellers' autonomous community of residence, were recorded in Cataluña (37.7%), Illes Balears (35.4%) and Comunidad de Madrid (33.2%). The lowest were observed in Extremadura (18.5%), Castilla-La Mancha (19.0%) and Castilla y León (20.6%).

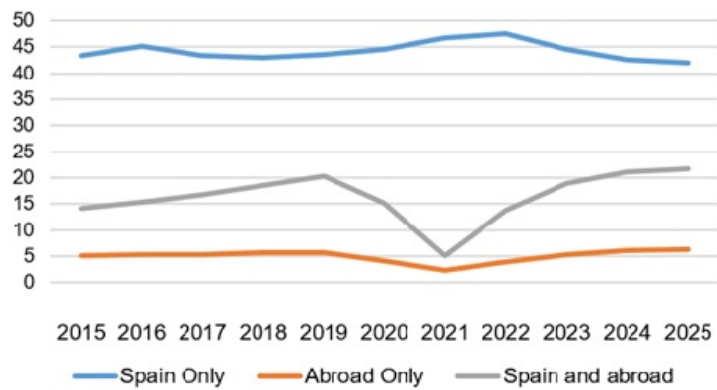
Three out of 10 residents did not travel

Three out of every 10 residents (30.0%) did not travel during the year for personal reasons to any destination - domestic or abroad - marking the lowest percentage since 2015.

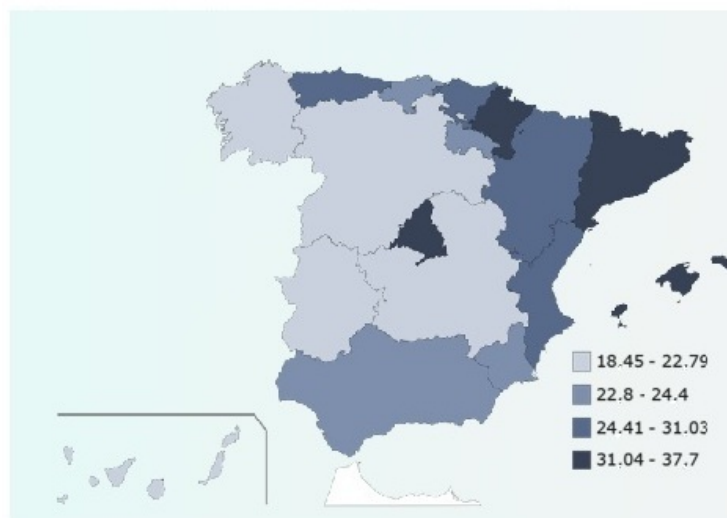
The main reasons for not travelling were financial (36.8%), personal preference to stay at home (25.6%), and health reasons (24.5%).



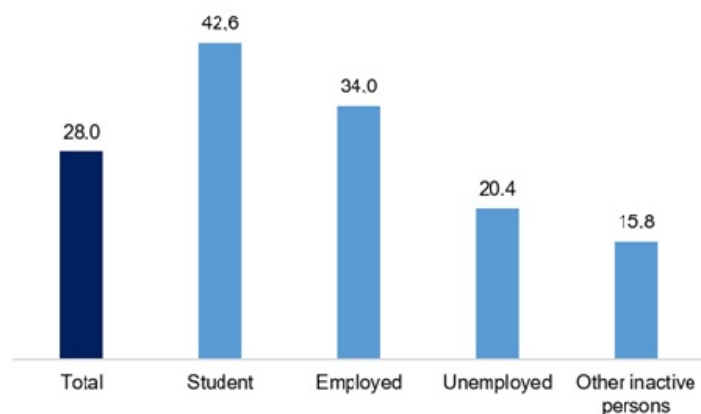
Travellers residing in Spain by destination of trips for personal reasons
(% of population aged 15 and over)



Travelled abroad at least once for personal reasons by autonomous community of residence - 2025 (%)



Travelled abroad for personal reasons according to their relationship with the activity. 2025 (%)



More travellers with high incomes and levels of education, students and foreigners

Women travelled more than men (28.7% of women compared to 27.2% of men) and the most frequent travellers were the youngest age groups, with percentages of 39.4% among those aged 15 to 24, and 39.1% among those aged 25 to 34, while the figure drops to 14.1% among those aged 65 and over.

Taking into account the type of household, couples with or without children showed the highest percentages: 31.4% and 26.2%, respectively.

There is a direct relationship between the proportion of travellers with at least one trip abroad and household income. Among higher-income individuals, it was more than half (51.8%), while among lower-income individuals, the figure stood at 11.5%. Likewise, the level of education is positively associated with more trips abroad: 40.1% among those with higher education, compared to 17.0% among those with less education.

By its relationship to activity, students accounted for the highest percentage (42.6%), and the group of 'other inactive' the lowest (15.8%).

Residents of foreign nationality went abroad more than those of Spanish nationality: 44.2% compared to 25.3%.

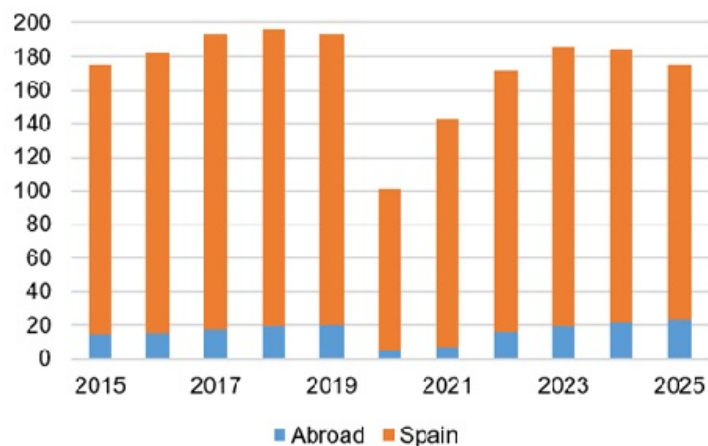
Fewer trips, but more abroad

Although the number of trips by residents in recent years has remained below pre-pandemic figures, trips abroad reflected an upward trend, reaching nearly 22.8 million in 2025. This is the highest figure in the series since it began in 2015, both in absolute value and as a percentage of the total trips (13.0%). The number of overnight stays was 179.8 million (22.8% of the total), also at its highest value. The average trip duration was 7.9 days, compared to 8.8 days in 2015.

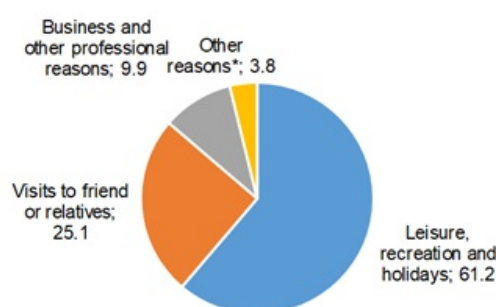
Residents travelled abroad mainly for leisure reasons (61.2%) and one in four to visit relatives or friends (25.1%). Business or professional trips accounted for nearly 10% of the total.



Resident trips according to destination
Millions



Trips abroad by main purpose. 2025 Percentage



* Shopping tourism, travel to places of study, health, religious reasons and other trips for personal reasons not covered in the other categories.

Trips, overnight stays and average duration of trips abroad by residents according to main type of accommodation. 2025

	Trips		Overnight stays		Average trip duration Days
		%		%	
Market	16,502,367	72.5	98,637,897	54.8	6.0
Hotel	10,843,102	47.6	60,837,874	33.8	5.6
Rented dwelling	4,142,699	18.2	26,835,213	14.9	6.5
Campsites	570,922	2.5	3,272,483	1.8	5.7
Rural house	181,556	0.8	932,438	0.5	5.1
Rest of market	691,976	3.0	6,254,221	3.5	9.0
Non-market	6,254,369	27.5	81,213,992	45.2	13.0
Owned home	238,779	1.0	3,816,609	2.1	16.0
Friend's or relative's home	5,657,125	24.9	75,065,887	41.7	13.3
Other non-market	358,465	1.6	2,331,495	1.3	6.5
Total	22,756,737	100.0	179,851,889	100.0	7.9

The highest number of overnight stays took place at the homes of relatives or friends

Market accommodation predominated in 72.5% of trips abroad and in 54.8% of overnight stays. Hotels ranked first in terms of trips and second in terms of number of overnight stays. On the other hand, the home of a family member or friends stood in second and first place, respectively.

Regarding the duration of their trips, the longest stays were in owned dwellings (16 days) or in a relative's or friend's home (13.3 days). Shorter stays were associated with rural accommodation (5.1), hotels (5.6), and campsites (5.7).

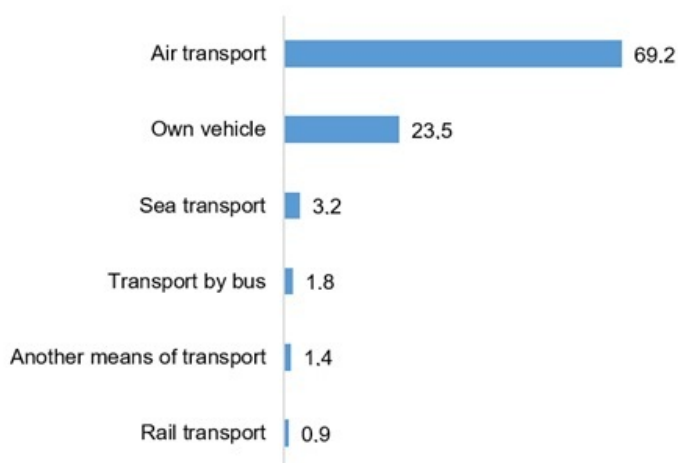
Flying to make better use of time

Longer distances in this type of trip determines the choice of means of transport.

Thus, of the 22.8 million trips made abroad, almost 70% used air transport, followed by private vehicles (23.5%). Far behind these were those made by sea transport (3.2%), bus (1.8%), and rail (0.9%).



Means of transport used for trips abroad by resident travellers. 2025 (%)



Mostly without a package holiday

The package holiday accounts for 14.0% of trips and 12.4% of overnight stays.

The package holiday includes accommodation and transport, or an equivalent such as

excursions or car hire, and does not allow the amount paid to be divided into parts.

Residents in Cataluña made the majority of trips and overnight stays

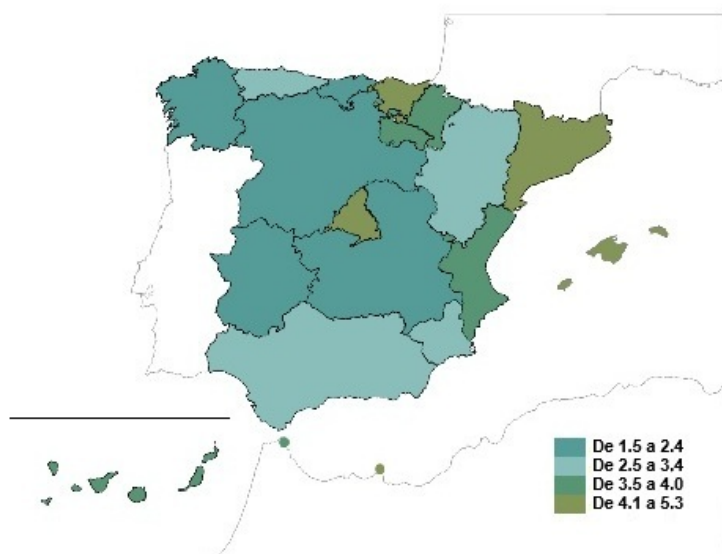
One in four trips abroad was made by residents in Cataluña (25.9% of the total). They also accounted for the highest number of overnight stays (23.8% of the total). Comunidad de Madrid, with 17.1%, both in trips and overnight stays, occupied second place.

In terms of the population of each autonomous community, the highest number of overnight stays abroad per resident was also recorded in Cataluña (5.3), followed by País Vasco (5.1) and the Comunidad de Madrid (4.3).

The lowest figures in this indicator were observed in Extremadura, Cantabria and Castilla-La Mancha (1.5, 2.0 and 2.2, respectively).

Residents in the Canary Islands, meanwhile, had the longest average duration for this type of trip (10.2 days), followed by those from Comunidad Foral de Navarra (9.3) and Región de Murcia (9.2). The shortest trips were made by residents in Extremadura, Cantabria and Galicia (between five and 6.5 days on average).

Overnight stays abroad per capita by Autonomous Community of residence. 2025



Among the Europeans who travelled abroad the least

The data show a higher prevalence of domestic destinations in the case of residents in Spain, and the situation is similar in other countries in our region, being the majority in 20 of the 27 Member States in 2024.

On average, 71.3% of all trips made by EU residents started and ended within their own countries, while 28.7% were abroad.

Spain was the second country where trips abroad accounted for the smallest proportion of total trips by its residents in 2024, after Romania.

At the same time, Spain was also the main destination for other European Union residents on their trips abroad, based on the number of overnight stays, and the second by number of trips, after Italy.



Trips made abroad. 2024 *

	Percentage
Luxembourg	95.3
Belgium	76.8
Malta	64.5
Slovenia	58.1
Austria	52.4
Netherlands	52.1
Cyprus	51.9
Ireland	45.7
Denmark	41.4
Germany	41.3
Slovakia	40.0
Hungary	38.8
Latvia	36.7
Croatia	35.0
Lithuania	33.0
Estonia	30.8
European Union	28.7
Czechia	25.9
Bulgaria	25.7
Italy	23.3
Sweden	22.7
Poland	21.7
Finland	21.6
Greece	15.3
Portugal	15.2
France	14.8
Spain	12.2
Romania	10.4

* Population aged 15 and over, excluding habitual travel to place of study or work.

Mainly European destinations

In the case of residents in Spain, European countries were the preferred destination (accounting for 76.5%), and the neighbouring countries were the most visited, with France, Portugal, and Italy leading the way.

In terms of overnight stays, Europe accounted for 54.9%, with France, Italy, and Portugal standing out for the highest number of stays.

African countries accounted for 9.6% of these trips and 15.7% of overnight stays. For their part, trips to destinations in the Americas nearly matched those made solely to the United Kingdom (8.0% and 7.8%, respectively), although overnight stays in the Americas were three times higher (17.5% versus 5.7%).

Destinations in the Rest of the World (outside Europe, Africa and the Americas) accounted for 6% of all trips (5.9%) and 11.9% of overnight stays.

**Main foreign destinations of resident travellers
according to trips and overnight stays. 2025**

Trips			
	France	Portugal	Italy
Number (thousands)	3,652	2,699	2,679
% Abroad	16.0	11.9	11.8
% Total	2.1	1.5	1.5
Overnight stays			
	France	Italy	Portugal
Number (thousands)	17,509	16,324	13,150
% Abroad	9.7	9.1	7.3
% Total	2.2	2.1	1.7

131 euros per person per day

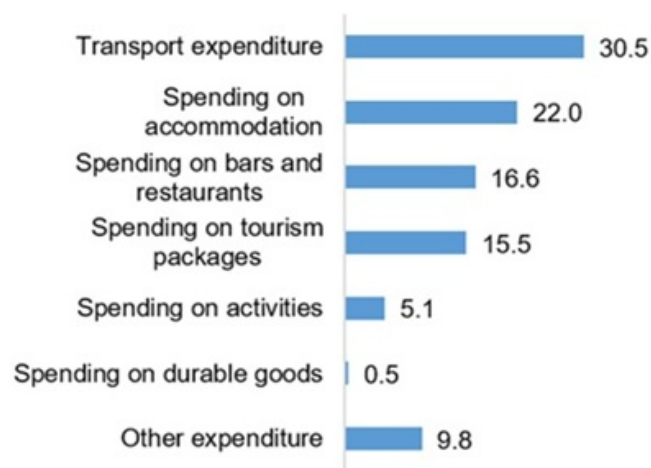
The expenditure of residents on their trips abroad in 2025 amounted to 23,562 million euros. In relative terms, it made up 36.9% of all travel expenditure. It is the highest value recorded since 2015 and it has been driven by rising prices, but also, as we have seen, by the increase in the number of these trips.

The average expenditure per person amounted to 1,035.4 euros and the average daily expenditure per person was 131 euros.

Transport accounted for the largest share of spending (30.5%), followed by accommodation (22.0%). Meals in bars and restaurants together with activities jointly accounted for almost another 22%.

Package holidays (which include different services without the option of itemisation) accounted for 15.5% of all expenditure.

Expenditure by expense categories and form of trip organisation abroad. 2025 (%)



European destinations accounted for 58.6% of the expenditure

Spending in European destinations accounted for 58.6% of the total, with Italy, France and Portugal leading the way. By major regions, the second region with the highest expenditure was the Americas (18.7%).

The highest average daily expenditure per person took place in destinations in the Rest of the World, with 160.4 euros, and the lowest in African destinations, with 67.4 euros.

Expenditure of residents on trips abroad by destination. 2025

	Total expenditure		Average expenditure per person	Average daily expenditure per person
	Thousands of eu	%	Euros	Euros
Abroad	23,561,906	100.0	1035.4	131.0
Europe (without Spain)	13,816,168	58.6	793.1	139.9
France	2,280,677	9.7	624.5	130.3
Italy	2,420,893	10.3	903.6	148.3
Portugal	1,574,459	6.7	583.3	119.7
United Kingdom	1,458,520	6.2	817.6	142.3
Africa	1,903,363	8.1	872.3	67.4
Americas	4,410,463	18.7	2428.8	140.1
Rest of the world	3,431,911	14.6	2562.6	160.4

Fewer trips, but more spending

Unlike in trips abroad, what occurs in the case of excursions or trips without an overnight stay involving travel to another country is that the figures are comparatively lower than the pre-pandemic period, with a downward trend over the last two years. The same downward trend is observed in domestic destinations, with higher figures in years prior to the COVID-19 crisis.

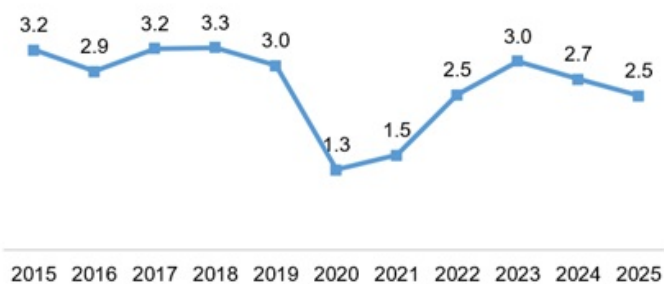
In 2025, 2.5 million outbound trips without an overnight stay were made. This figure represented 1.4% of all trips by residents, the same proportion as in 2015. The average expenditure per person amounted to 64.95 euros, marking the highest value since 2015.

The total expenditure of residents on these excursions was 161 million euros, the sixth lowest in the 2015-2025 period, despite the higher average spending per person; the highest record was in 2023 and the second highest in 2024.

The most visited countries were Portugal, France, Morocco, and Andorra, in that order.



Excursions abroad
Millions



Total spending on excursions
Thousands of euros

